



Monday 20 February

Learn Italian U3A*	9.00 am	Craft & Hobbies Room
Reading Group U3A*	10.30 am	Exercise Room
Stroke Communication Group	10.30 am	Community Hall
Family Martial Arts	5.00 pm	Community Hall

Tuesday 21 February

Craft & Stitching Group	9.30 am	Craft & Hobbies Room
50+ Group	10.00 am	Terrace Restaurant
Pilates	10.00 am	Community Hall
Chair Exercises	11.00 am	Exercise Room
Hazel Court Choir	1.00 pm	Community Hall
Falls Prevention Class	1.00 pm	Exercise Room

Wednesday 22 February

Beginners' Spanish U3A*	9.00 am	Craft & Hobbies Room
Beginners' Painting	9.00 am	Craft & Hobbies Room
Tai Chi U3A*	10.00 am	Exercise Room
Bosom Friends Yoga	10.00 am	Community Hall
Century of French Music	2.30 pm	Community Hall
Family Martial Arts	5.00 pm	Community Hall
Using Your Mobile	5.30 pm	Craft & Hobbies Room

Thursday 23 February

French Conversation U3A*	9.00 am	Craft & Hobbies Room
Yoga U3A*	10.00 am	Community Hall
Beginners' Watercolour	1.00 pm	Craft & Hobbies Room
Patchwork Group	1.30 pm	Craft & Hobbies Room
Yoga	6.30 pm	Community Hall

Friday 24 February

Digital Media for Fun U3A*	9.00 am	Craft & Hobbies Room
Tai Chi U3A*	9.00 am	Exercise Room
Singing for Fun!	10.00 am	Community Hall
Informal Art Group	1.00 pm	Craft & Hobbies Room
Beginners' Art & Demonstrations	1.00 pm	Craft & Hobbies Room
Yoga	6.15 pm	Community Hall

Saturday 25 February

Yoga	9.00 am	Exercise Room
Artful Dodgers Art Group	2.00 pm	Craft & Hobbies Room
Saturday Night Bingo	7.30 pm	Community Hall

Sunday 26 February

Parklands Church Youth Group	11.00 am	Community Hall
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*For more information about U3A contact Pat Herbert on 01792 405920.



Activities and events at Hazel Court are open to tenants and people from the community. For more information about what's going on at Hazel Court phone **01792 285900**.

