

For further information and details of other services:

Visit our Website: www.hazelcourt.org.uk

Telephone: 01792 285900

In Person: Call into Reception
Monday – Thursday
9am – 4.30pm
Friday
9am – 4.00pm

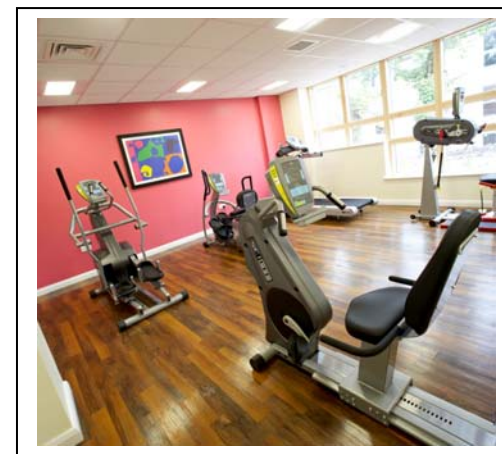
Our Address: Hazel Court
Sketty Park
Swansea
SA2 8BP

Whenever Possible please avoid parking on
Maes Y Gollen or Furzeland Drive. Please use the
Hazel Court car park or surrounding streets.
Thank You



Hazel Court Gym Membership Information

The Hazel Court Health and Therapy Suite
includes a Gym



Who can be a member:

- Tenants at Hazel Court and their close family (over 18 years of age)
- Family Housing Association Staff and their close family (over 18 years of age)
- Other people aged 40 and over
- People aged 18 to 40 as guest members of members aged over 40

How to become a member:

- Contact our Admin Team at Reception
- The team will make an appointment for you to meet a fitness instructor
- The instructor will provide you with an induction session (last Wednesday of every month between 1pm and 4pm), where you will be shown how to use the equipment
- The induction will take account of any health or physical conditions that could affect your use of the equipment.

Opening Times:

- Members are able to access the Gym 7 days a week from 6am – 10pm.

Membership Fees:

- The cost of joining is £45.59, this covers:
 - Gym induction – £17.63
 - Personal Equipment Key – £17.63, (refundable when gym membership ends). Fitness instructor will determine whether this is required
 - Key fob for access - £4.09 (refundable as above)
 - 1 Months membership fee – £10.33
- Membership fees must be paid in advance for the month.

Renewing your membership:

- Membership to the Gym must be renewed at monthly intervals
- To renew your membership please contact our Admin Team at Reception.

Changes in Health:

- Should any significant changes occur in your health and/or physical condition, you may have to undertake a further Induction assessment
- The charge for this will be £17.63